

The Benefits of ANTI-FATIGUE MATS

Anti-Fatigue mats alleviate stress to the back and legs by providing a cushioned surface to stand on.

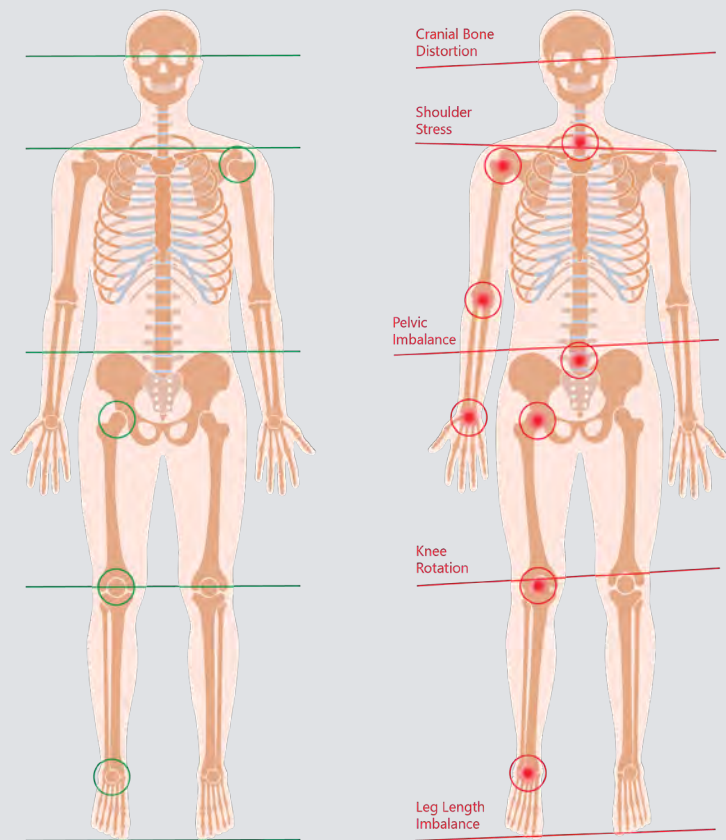
Anti-Fatigue mats are perfect for people who have to stand or work in the same place for continual periods of time.

Anti-Fatigue mats are recommended for a wide variety of industries and are commonly placed in various applications such as:

- Production or assembly lines
- Stand Up Desks or Workstations
- Kitchens
- Cashier Desks
- Laboratories and many more

M+A Matting Anti-Fatigue mats have been shown to do the following:

- **REDUCE ENERGY CONSUMPTION BY UP TO 50%** in the supporting muscles such as those in the leg and the lower back, when compared to standing on a hard floor
- **REDUCE FATIGUE** by promoting subtle movement in the leg and calf muscles, resulting in increased blood and oxygen flow



BALANCED

- Improves structural alignment and joint function
- Improves muscular balance and prevents nerve impingement
- Reduces uneven wear and tear on joints
- Body weight evenly distributed
- Efficient natural movement
- Reduced pressure on organs

IMBALANCED

- Neck pain and headaches
- Shoulder restrictions and pain
- Arm and hand pain nerve entrapment
- Bulging discs/back pain
- Uneven pressure/knee pain
- Uneven weight distribution
- Foot and ankle pain

Safety and Ergonomics

Mats are used throughout facilities in numerous other capacities where safety is a must and anti-fatigue comfort is essential to the health and well being of employees.

- Slip and falls are the second leading cause of all workplace injuries according to Liberty Mutual Workplace Index. As many as 25,000 people a day are victims of slip and fall accidents (NSC)
- Compensation and medical costs associated with employee slip-and-fall accidents total approximately \$70 billion annually (NSC)
- The average cost of a slip and fall injury exceeds \$12,000 (Wausau Insurance)
- The average cost to defend a slip-and-fall lawsuit is \$50,000 (NFSI)
- Back injuries account for 25% of all worker compensation claims annually
- Cumulative Standing Trauma (CST) causes billions of dollars of loss annually due to reduced productivity, increased worker compensation, higher insurance rates, and absenteeism
- According to the American College of Occupational and Environmental Science, about 38% of workers in the United States suffer from fatigue

Testing shows that ergonomic matting can reduce worker fatigue.

HOG HEAVEN®

Anti-Fatigue · Indoor



Hog Heaven (5/8") Product No. 421 (Black Border), 423 (Yellow Border)
Hog Heaven Max (7/8") Product No. 422 (Black Border), 424 (Yellow Border)

- **Comfortable** - High-density nitrile-blended cushion helps eliminate pressure to the lower back and legs, providing superior comfort
- **Safe** - Certified high-traction by the National Floor Safety Institute (NFSI); sloped edges provide a safe transition from floor to mat
- **Durable** - Nitrile-blended cushion provides years of useful service life; cushion is molded, not glued, to the nitrile rubber surface so it will not separate; edges will not crack or curl
- **Versatile** - Welding safe; ESD rating of electrically conductive; chemical resistant; surface is grease/oil proof and cushion is grease/oil resistant
- Available in Hog Heaven (5/8" thickness) or Hog Heaven Max (7/8" thickness) with solid black or with OSHA-approved caution yellow borders on two sides
- Can be customized with your logo, design, or message (see Hog Heaven Impressions)

SIZES

2' x 3'

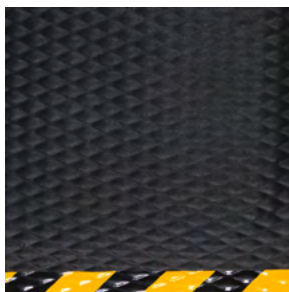
3' x 5'

3' x 12'

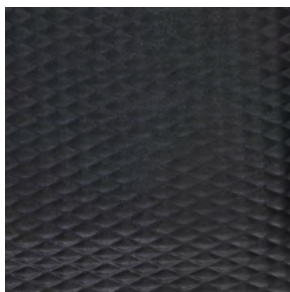
4' x 6'

4.8' x 8'

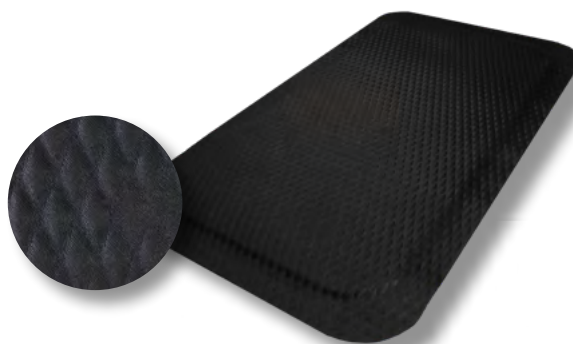
Custom sizes are available in widths of 2' (23"), 3' (32"), 4' (46"), and 4.8' (58") and lengths up to 100'. Please note that mats over 60' will have up to 2 seams. Please note, mat sizes are approximate as rubber shrinks and expands in conjunction with temperature and time. Tolerable manufacturing size variance is 3-5%.



Yellow Border



Black Border



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HOG HEAVEN® FASHION

Anti-Fatigue · Indoor



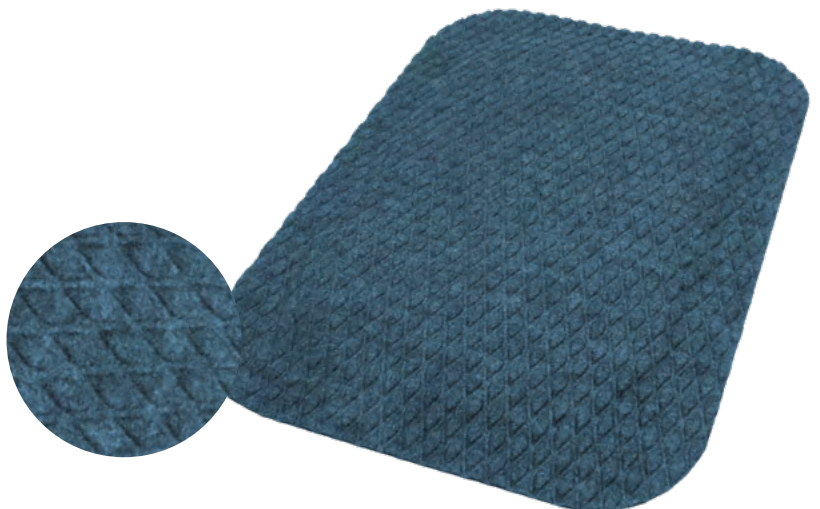
Hog Heaven Fashion (5/8") Product No. 441
Hog Heaven Fashion Max (7/8") Product No. 442

- **Comfortable** - High-density, closed-cell nitrile-blended cushion helps eliminate pressure to the lower back and legs, providing superior comfort
- **Safe** - Certified high-traction by the National Floor Safety Institute (NFSI); edges will not crack or curl and provide a safe transition from floor to mat
- **Durable** - Solution-dyed fabric surface is fade-resistant and molded, not glued, to the nitrile-blended cushion so it will not separate
- **Attractive** - Available in four neutral colors to blend with virtually any décor
- Available in Hog Heaven Fashion (5/8" thickness) or Hog Heaven Fashion Max (7/8" thickness)

SIZES

2' x 3'
3' x 5'
3' x 12'

Custom sizes are available in 3' (32") widths and whole foot lengths up to 60'. Please note, mat sizes are approximate as rubber shrinks and expands in conjunction with temperature and time. Tolerable manufacturing size variance is 3-5%.



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HOG HEAVEN® TILES

Anti-Fatigue · Indoor



Modular Tile Product No. 4471 (18"), 4472 (36")

Linkable Product No. 4497 (Black Border), 4498 (Yellow Border)

- **Comfortable** – High-density, closed-cell nitrile rubber cushion provides excellent anti-fatigue qualities to reduce the pain and fatigue associated with standing for long periods of time
- **Safe** - Beveled edges provide a safe transition from floor to mat and will not crack or curl
- **Durable** – Nitrile-blended cushion provides years of useful life and is molded, not glued, to the nitrile rubber surface so it will not separate
- **Versatile** - Welding safe; grease/oil proof; chemical resistant; ESD rating of electrically conductive
- Tiles are ¾" thick and available with black or OSHA-approved caution yellow border
- Linkable can be linked together to create long runs and Modular Tiles can be linked to create custom configurations

SIZES

Modular Tiles:

Corner Tile
21.875" x 21.875"
39.875" x 39.875"

Side Tile
18" x 21.875"
36" x 36.875"

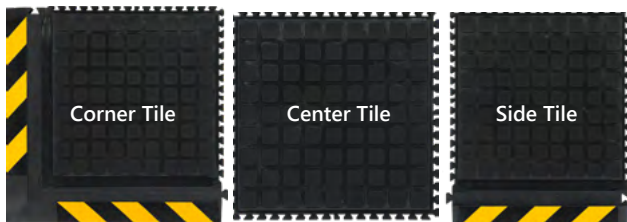
Center Tile
18" x 18"
36" x 36"

Linkable:

Mat End
39.875" x 43.75"

Mat Middle
36" x 43.75"

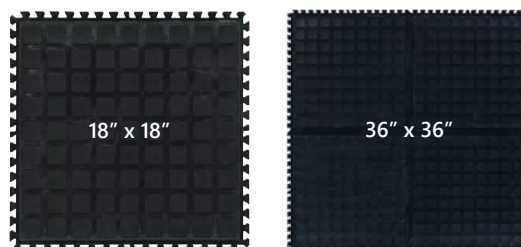
Hog Heaven Modular Tiles



Hog Heaven Linkable



Hog Heaven Modular Center Tile



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HOG HEAVEN® WORKSTATION

Anti-Fatigue · Indoor



Product No. 4493 (Black Border), 4494 (Yellow Border)

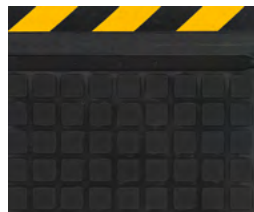
- **Comfortable** – High-density, closed-cell nitrile rubber cushion provides excellent anti-fatigue qualities to reduce the pain and fatigue associated with standing for long periods of time
- **Safe** - Beveled edges provide a safe transition from floor to mat and will not crack or curl
- **Durable** – Nitrile-blended cushion provides years of useful life and is molded, not glued, to the nitrile rubber surface so it will not separate
- **Versatile** - Welding safe; grease/oil proof; chemical resistant; ESD rating of electrically conductive
- Workstations are $\frac{3}{4}$ " thick and available with black or OSHA-approved caution yellow border

SIZES

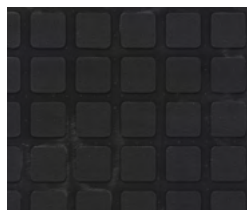
Workstation:

43.75" x 43.75"

Please note, mat sizes are approximate as rubber shrinks and expands in conjunction with temperature and time. Tolerable manufacturing size variance is 3-5%.



Yellow Border



Black Border



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HOG HEAVEN® DRAINABLE TILES

Anti-Fatigue · Wet Area · Indoor



Modular Tiles Product No. 4411 (18"), 4412 (36")

Linkable Product No. 4413 (black border), 4414 (Yellow Border)

Workstation Product No. 4415 (black border), 4416 (Yellow Border)

- **Comfortable** – High-density, closed-cell nitrile rubber cushion provides excellent anti-fatigue qualities to help reduce the pain and fatigue associated with standing for long periods of time
- **Safe** – Drainage holes allow liquid to flow through; beveled edges provide a safe transition from floor to mat and will not crack or curl
- **Durable** – Nitrile rubber provides years of useful life and can withstand the rigors of almost any industrial environment, including heavy cart traffic
- **Versatile** – Welding safe; grease/oil proof; chemical resistant; ESD rating of electrically conductive
- Tiles are 3/4" thick and available with black or OSHA-approved yellow border
- Linkable can be linked together to create long runs, Modular Tiles can be linked to create custom configurations, and Workstations are ideal for standing areas

SIZES

Modular Tiles:

Corner Tile
21.825" x 21.825"
39.875" x 39.875"

Side Tile
18" x 21.825"
36" x 36.875"

Center Tile
18" x 18"
36" x 36"

Linkable:

Mat End
39.825" x 43.75"

Mat Middle
36" x 43.75"

Workstation:

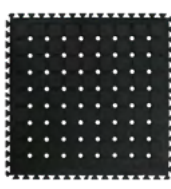
44" x 44"

Hog Heaven Drainable Modular Tiles

Corner Tile



Center Tile

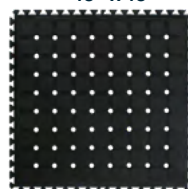


Side Tile

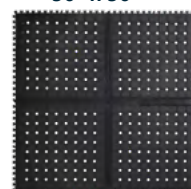


Hog Heaven Drainable Modular Center Tiles

18" x 18"



36" x 36"



Hog Heaven Drainable Linkable

Mat End



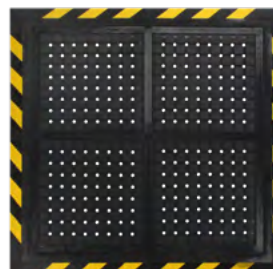
Mat Middle



Mat End



Hog Heaven Drainable Workstation



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HOG HEAVEN® ELECTRICALLY CONDUCTIVE

Anti-Fatigue · Indoor



Hog Heaven Electrically Conductive (5/8") Product No. 4507 (Black Border), 4511 (Yellow Border)
Hog Heaven Electrically Conductive Max (7/8") Product No. 4509 (Black Border), 4513 (Yellow Border)

- **Electrically Conductive** - Nitrile rubber surface is electrically conductive to quickly drain static electricity to help protect sensitive equipment from damage
- **Comfortable** - High-density nitrile-blended cushion helps eliminate pressure to the lower back and legs, providing superior comfort
- **Safe** - Certified high-traction by the National Floor Safety Institute (NFSI); sloped edges provide a safe transition from floor to mat
- **Durable** - Nitrile-blended cushion provides years of useful service life; cushion is molded, not glued, to the nitrile rubber surface so it will not separate; edges will not crack or curl
- **Versatile** - Welding safe; ESD rating of electrically conductive; chemical resistant; surface is grease/oil proof and cushion is grease/oil resistant
- Available in Hog Heaven Electrically Conductive (5/8" thickness) or Hog Heaven Electrically Conductive Max (7/8" thickness) with solid black or with OSHA-approved caution yellow borders on two sides
- Includes ground wire and snap

SIZES

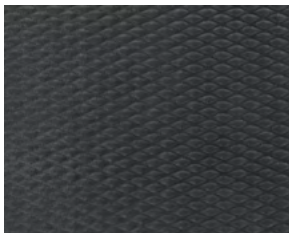
3' x 5'

4' x 6'

Please note, mat sizes are approximate as rubber shrinks and expands in conjunction with temperature and time. Tolerable manufacturing size variance is 3-5%.



Yellow Border



Black Border



Snap and Wire



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HOG HEAVEN® MARBLE

Anti-Fatigue · Indoor



Midnight Swirl

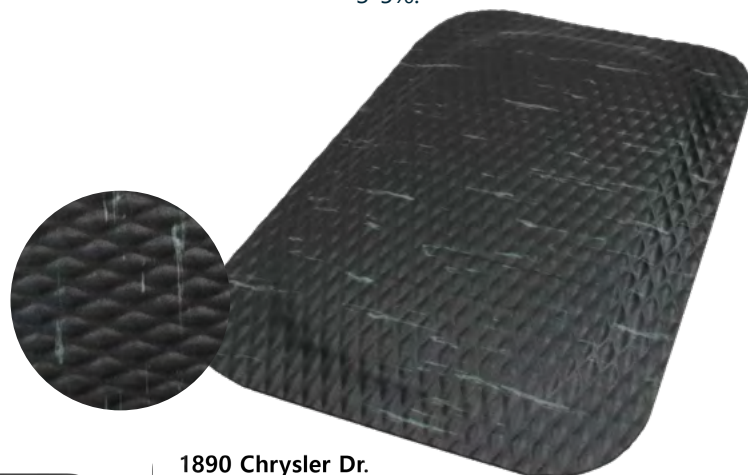
Hog Heaven Marble (5/8") Product No. 448
Hog Heaven Marble Max (7/8") Product No. 449

- **Comfortable** - High-density, closed-cell nitrile-blended cushion helps eliminate pressure to the lower back and legs, providing superior comfort; smooth top allows workers to pivot freely
- **Safe** - Certified high-traction by the National Floor Safety Institute (NFSI); sloped edges provide a safe transition from floor to mat
- **Durable** - Surface is molded, not glued, to the nitrile-blended cushion so it will not separate
- **Easy to Clean** - Smooth diamond-patterned vinyl surface is easy to clean
- Available in Hog Heaven Marble (5/8" thickness) or Hog Heaven Marble Max (7/8" thickness) and two neutral colors to blend with any décor

SIZES

2' x 3'	3' x 7'
3' x 5'	3' x 8'
3' x 12'	3' x 9'
Additional Sizes:	3' x 10'
3' x 3'	3' x 11'
3' x 4'	3' x 13'
3' x 6'	3' x 14'

Custom sizes are available in 3' (32") and 4' (46") widths and whole foot lengths up to 60'. Please note, mat sizes are approximate as rubber shrinks and expands in conjunction with temperature and time. Tolerable manufacturing size variance is 3-5%.



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HOG HEAVEN® KNEE GUARD

Anti-Fatigue · Indoor/Outdoor



- **Comfortable** - 7/8" cushion reduces knee trauma and lower back stress
- **Clean** - Closed-cell nitrile-blended rubber foam will not absorb liquids, and the 100% nitrile rubber surface easily wipes clean with soap and water
- **Safe** - Certified high-traction by the National Floor Safety Institute (NFSI)
- **Durable** - Welding safe; chemical resistant; surface is grease/oil proof, cushion is grease/oil resistant
- **Versatile** - When you need a welding safe, chemical resistant, grease/oil proof surface, put the rubber side up; when you need additional traction on a slippery surface, put the rubber side down (foam side up) for added slip-resistance
- **Convenient** - Built-in handle enables easy transportation and storage
- Rubber surface has an ESD rating of electrically conductive

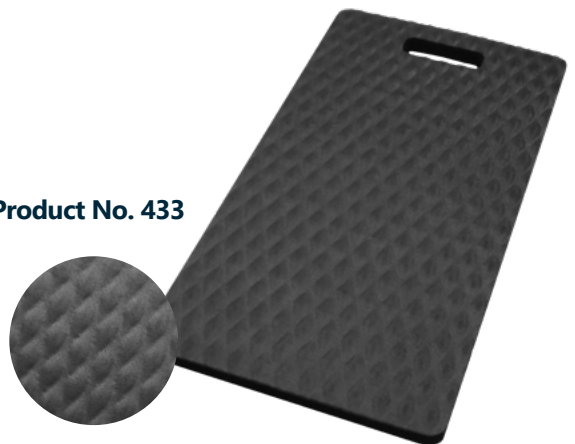
SIZES

12" x 22"

Please note, mat sizes are approximate as rubber shrinks and expands in conjunction with temperature and time. Tolerable manufacturing size variance is 3-5%.



Product No. 433



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TUFFCOMFORT® STANDING DESK MAT

Anti-Fatigue · Indoor



Coal Black Granite Grey Sand



- **Comfortable** – Polyurethane cushion runs edge-to-edge and provides excellent anti-fatigue properties to alleviate pain from extended standing; overall mat thickness is $\frac{3}{4}$ "
- **Durable** – PET fabric surface is permanently bonded to a durable rubber layer that makes the mat resistant to punctures from high heels
- **Safe** – Features beveled edges, providing a seamless transition from floor to mat; edges will not crack or curl
- **Stain Resistant** – PET fabric is naturally stain resistant, making it easy to remove stains from the mat
- **Eco-Friendly** – The PET fabric surface is made from at least 90% recycled content

SIZES

2'x3' (22"x32")

2'x6' (22"x70")

Please note, mat sizes are approximate. Tolerable manufacturing size variance is up to 3%.



Product No.
5230



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DURACOMFORT

Anti-Fatigue · Indoor



Grip Surface Product No. 475 (black border), 476 (Yellow Border)

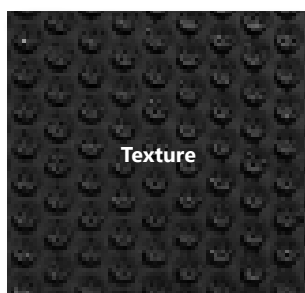
- **Comfortable** – 1/2" dense foam cushion and nitrile rubber surface provide excellent anti-fatigue qualities
- **Safe** – Certified high-traction by the National Floor Safety Institute (NFSI)
- **Durable** – Borders will not crack or curl; nitrile rubber surface is penetration proof
- **Versatile** - Welding safe; grease/oil proof; chemical resistant; ESD rating of electrically conductive
- Grip surface provides additional traction for wet environments
- Available in solid black or with OSHA-approved caution yellow borders

SIZES

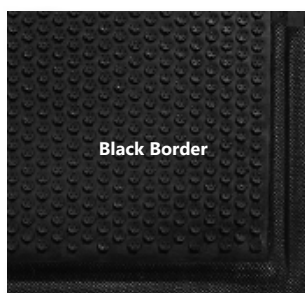
2' x 3'

3' x 5'

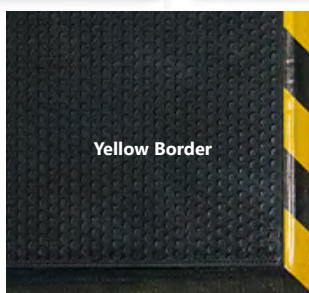
Please note, mat sizes are approximate as rubber shrinks and expands in conjunction with temperature and time. Tolerable manufacturing size variance is 3-5%.



Texture



Black Border



Yellow Border



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CUSHION COMPLETE

Anti-Fatigue · Indoor



- **Comfortable** - 5/8" thick nitrile/PVC-blended foam provides superior anti-fatigue properties
- **Clean** - Anti-microbial treatment provides lifetime protection from odors and degradation
- **Safe** - Beveled edges provide a safe transition from floor to mat; certified high-traction by the National Floor Safety Institute (NFSI)
- **Easy to Clean** - Lightweight and flexible for easy handling and cleaning
- Grease and oil resistant; chemical resistant
- Available with drainage holes for use in wet areas

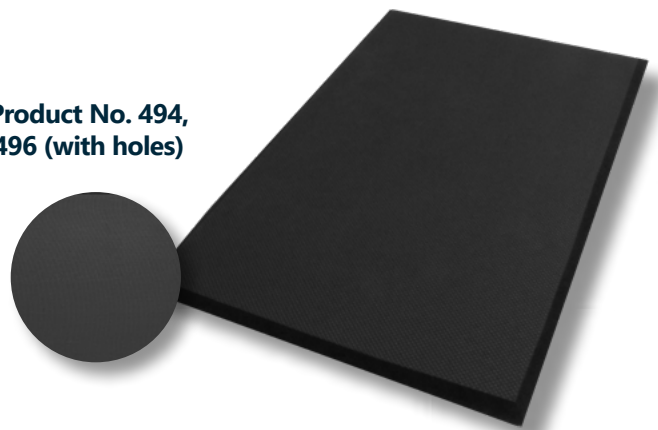
SIZES

2' x 3'	3' x 10'
3' x 4'	4' x 6'
3' x 5'	4' x 8'

Available in custom sizes with widths of 3' (36"), 4' (48") and whole foot lengths up to 75'. Please note, mat sizes are approximate as rubber shrinks and expands in conjunction with temperature and time. Tolerable manufacturing size variance is 3-5%.



Product No. 494,
496 (with holes)



Without Holes

With Holes

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COMFORT PREMIER

Anti-Fatigue · Wet Area · Indoor



- **Comfortable** - 1/2" thick nitrile foam provides superior anti-fatigue properties
- **Clean** - Anti-microbial treatment provides lifetime protection from odors and degradation
- **Safe** - Beveled edges provide a safe transition from the floor to the mat
- **Versatile** - Grease/oil proof; chemical resistant; welding safe
- **Easy to Clean** - Flexible construction makes this mat easy to handle and clean

SIZES

2' x 3'

3' x 4'

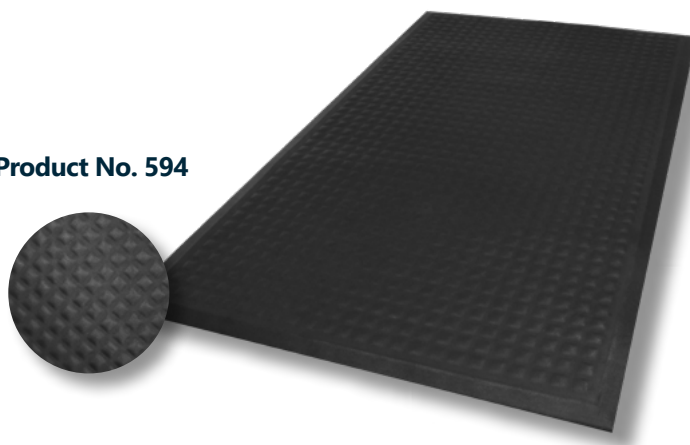
3' x 5'

4' x 6'

Please note, mat sizes are approximate as rubber shrinks and expands in conjunction with temperature and time. Tolerable manufacturing size variance is 3-5%.



Product No. 594



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www.HDi3.com

CUSHION SELECT

Anti-Fatigue · Indoor



- **Comfortable** - 5/8" nitrile-blended closed-cell foam provides excellent anti-fatigue properties
- **Durable** - Diamond-pattern surface provides increased durability compared to ribbed surfaces which tend to peel and shave
- **Safe** - Beveled edges provide a safe transition from floor to mat; certified high-traction by the National Floor Safety Institute (NFSI)
- Grease and oil resistant; chemical resistant

SIZES

2' x 3'

3' x 5'

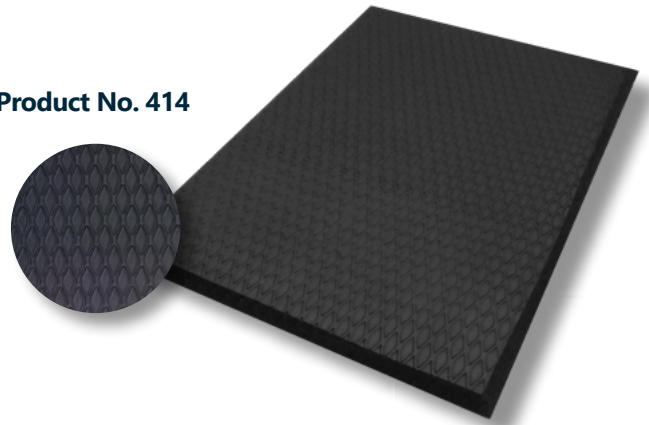
3' x 12'

4' x 6'

Custom sizes are available in 3' (36"), and 4' (48") widths and whole foot lengths up to 45'. Please note, mat sizes are approximate as rubber shrinks and expands in conjunction with temperature and time. Tolerable manufacturing size variance is 3-5%.



Product No. 414



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COMFORT STATION MAX

Anti-Fatigue · Wet Area · Indoor

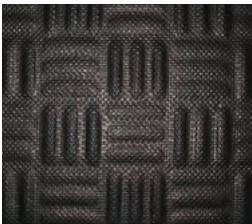


- **Comfortable** - 7/16" nitrile foam provides excellent anti-fatigue properties
- **Clean** - Anti-microbial treatment provides lifetime protection from odors and degradation
- **Safe** - Beveled edges provide a safe transition from the floor to the mat; certified high-traction by the National Floor Safety Institute (NFSI)
- **Versatile** - Grease/oil proof; chemical resistant; welding safe
- **Easy to Clean** - Flexible construction makes this mat easy to clean; can be autoclave sterilized
- Available with drainage holes for wet area application

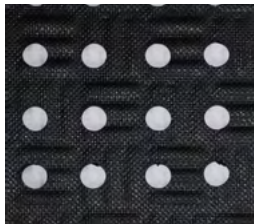
SIZES

2' x 3.2'	4' x 5.9'
3.2' x 5.3'	4' x 8.3'
3.2' x 8.3'	4' x 12.3'
3.2' x 12.3'	4' x 16.1'
3.2' x 16.1'	4' x 20.1'
3.2' x 20.1'	

Please note, mat sizes are approximate as rubber shrinks and expands in conjunction with temperature and time. Tolerable manufacturing size variance is 3-5%.

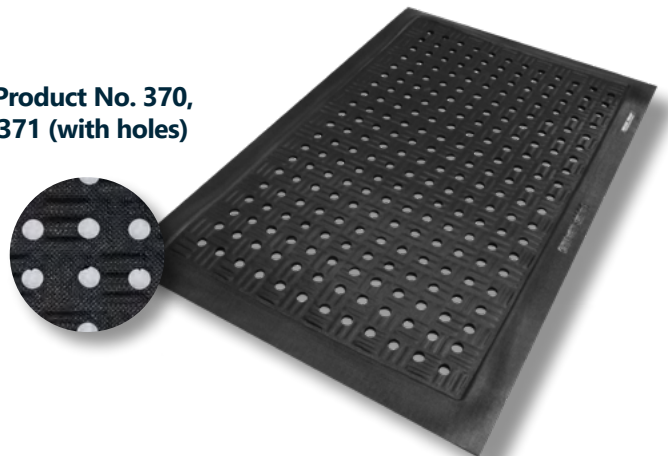


Cushion Station Max



Cushion Station Max with holes

Product No. 370,
371 (with holes)



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www.HDi3.com

COMFORT FLOW™

Anti-Fatigue · Wet Area · Indoor



- **Clean** - Drainage holes allow liquid to flow through; lifetime anti-microbial treatment prevents odors and degradation of the mat
- **Safe** - Beveled edges provide a safe transition from floor to mat; certified high-traction by the National Floor Safety Institute (NFSI)
- **Comfortable** - High-density closed-cell nitrile rubber cushion provides excellent anti-fatigue qualities
- **Versatile** - Grease and oil proof; chemical resistant; welding safe
- **Easy to Clean** - Lightweight flexible design ensures easy handling and cleaning
- Commercially launderable

SIZES

2' x 3'

3' x 5'

3' x 9'

4' x 6'

Please note, mat sizes are approximate as rubber shrinks and expands in conjunction with temperature and time. Tolerable manufacturing size variance is 3-5%.



Product No. 420



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COMFORT SCRAPE™

Anti-Fatigue · Indoor



- **Clean** - Bi-level design traps dirt/debris to prevent tracking; lifetime anti-microbial treatment prevents odors and degradation of the mat
- **Safe** - Beveled edges provide a safe transition from floor to mat; certified high-traction by the National Floor Safety Institute (NFSI)
- **Comfortable** - High-density closed-cell nitrile rubber cushion provides excellent anti-fatigue qualities
- **Versatile** - Grease and oil proof; chemical resistant; welding safe
- **Easy to Clean** - Lightweight flexible design ensures easy handling and cleaning
- Commercially launderable

SIZES

2' x 3'

3' x 5'

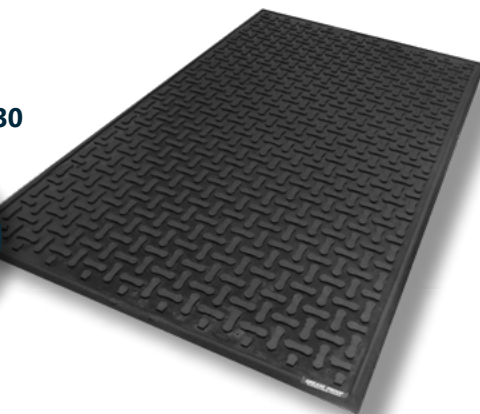
3' x 9'

4' x 6'

Please note, mat sizes are approximate as rubber shrinks and expands in conjunction with temperature and time. Tolerable manufacturing size variance is 3-5%.



Product No. 430



HDi

1890 Chrysler Dr.
Belvidere, IL 61008
815-547-3737
sales@2hdi.com
www.HDi3.com



WET STEP®

Anti-Fatigue · Wet Area · Indoor/Outdoor



Blue



Grey



- **Slip-Resistant & Safe** - Drainage holes allow water to freely drain away; certified high traction by the National Floor Safety Institute (NFSI)
- **Comfortable** - 1/4" high-density nitrile foam provides excellent anti-fatigue properties and feels great to bare feet
- **Clean** - Anti-microbially treated to help prevent odors and degradation; mold and mildew resistant; anti-fungal
- **Durable** - Nitrile rubber foam is UV resistant and lasts considerably longer than PVC (vinyl) foam
- **Easy to Clean** - Can be autoclave sterilized, commercially laundered, or washed by hand
- Available in blue or grey

SIZES

17" x 24"

2' x 3'

3' x 5'

3' x 10'

3' x 20'

Custom sizes are available in 3' (35") widths and whole foot lengths up to 20'. Please note, mat sizes are approximate as rubber shrinks and expands in conjunction with temperature and time. Tolerable manufacturing size variance is 3-5%.



Product No. 789



HDi

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www.HDi3.com



SURE CUSHION

Anti-Fatigue · Indoor/Outdoor



SURE CUSHION RIBBED

Product No. 415

- Sure Cushion Ribbed mats feature 3/8-inch ribbed PVC foam designed to provide floor protection in dry environments.

SIZES

2' x 60'

3' x 60'

4' X 60'

SURE CUSHION TEXTURE

Product No. 425, 427 (yellow border)

- Sure Cushion Textured mats feature 3/8-inch textured PVC foam designed to provide floor protection in dry environments.
- Available in solid charcoal or charcoal with yellow borders on two sides.

SIZES

3' x 60'

SURE CUSHION PRO

Product No. 428

- Sure Cushion Pro mats feature a 1/2-inch PVC foam that has beveled edges to provide a safe transition from the floor to the mat, all while providing floor protection and ergonomic benefits in dry environments.

SIZES

3' x 60'

HDi

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